

Pupil Choice Extra Menu Winter/Spring 2022/23

| WEEK 1 | | | | |
|---|--|--|---|-------------------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BBQ Dusted Chicken with Rice | Mediterranean Roll with Potato Wedges (Ve) | Roast Chicken with Sage and Onion Stuffing | Cottage Pie | Battered Fish |
| Italian Pasta Bake (Ve) with Crusty Bread | Macaroni Cheese (v) | Sausages in Yorkshire Pudding (v) | Quorn Burger in a Bun (v) with Diced Potatoes | Cheese and Tomato Pizza (v) |
| | Garlic Bread | Roast Potatoes or Wholemeal Pasta | | Oven Chips or Pasta |
| Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings |
| Cheese Baguette (v) | Egg Roll (v) | Chicken Mayo Wrap | Ham Roll | Tuna Sandwich |
| Banana Custard | Fruit Wedges | Chocolate and Courgette Muffin | Fresh Fruit Jelly | Spiced Orange Bun |
| WEEK 2 | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Pork Sausages in Gravy with Creamed Potatoes | Chicken Pie with Herby Potatoes | Roast Beef and Yorkshire Pudding | Quorn Hot Dog (v) | Crispy Coated Salmon |
| Cheese & Veg Pasties with Diced Potatoes (v) | Mild Vegetable Curry (Ve) with Rice | Lentil Roast (v) | Roasted Vegetable Lasagne (v) with Garlic Bread | Cheese and Tomato Pizza (v) |
| | | Roast Potatoes or Wholemeal Pasta | Potato Wedges or Pasta | Oven Chips or Pasta |
| Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings |
| Tuna Sandwich | Ham Roll | Chicken Mayo Wrap | Cheese Baguette (v) | Egg Roll (v) |
| Strawberry Mousse | Fruit Salad | Toffee Apple Date Cake and Custard | Fresh Fruit Jelly | Chocolate Brick Wall |
| WEEK 3 | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Vegballs in Homemade Tomato Sauce (Ve) with Pasta | Mild Chicken Curry with Rice | Roast Pork with Sage and Onion Stuffing | Beef Burger in a Bun with Potato Wedges | Fish Fillet Fingers |
| Cheese Pinwheel (v) with Diced Potatoes | Omelette, Grilled Tomatoes and Baked Beans (v) | Tomato Bolognese (Ve) | Cheese, Potato and Broccoli Bake (v) | Cheese and Tomato Pizza (v) |
| | Potato Wedges | Roast Potatoes or Wholemeal Pasta | | Oven Chips or Pasta |
| Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings | Jacket Potato with Various Toppings |
| Egg Roll (v) | Ham Roll | Cheese Baguette (v) | Chicken Mayo Wrap | Tuna Sandwich |
| Pear Crumble and Chocolate Custard | Fruit Wedges | Cherry Pancakes | Fresh Fruit Jelly | Banana Bread |